



GUEST LECTURE-2026 ACTIVITY REPORT

Name of Department		Diploma Engineering	
Type of the Program/Event:		Guest Lecture	
Title of Program:		“To Prevention of suicide in higher educational Institute”	
Date:	22/01/2026	Time:	2:00 PM to 3:00 PM
Faculty Co-Ordinator for the Event:		Mrs Kandarkar S M	
Co-Ordinator for the Event:		Mrs. Kadam A M	
Objective of the Program/Event		The primary objective of the guest lecture was to create awareness about suicide prevention among students in higher educational institutions. The program aimed to sensitize students to mental health issues such as stress, anxiety, depression, and academic pressure. It also focused on helping students identify early warning signs of suicidal behavior in themselves and their peers. Another objective was to promote positive coping strategies and emotional resilience among students. The session emphasized the importance of seeking timely help and reducing the stigma associated with mental health concerns.	
Participated Students:	TY Diploma Students	Registration Fee:	---
Venue:		Seminar Hall	
Expert/ Guest:		Mrs. Netra Bhosale Psychologist Monovedh Clinic Satara	
Attendance Sheet		Attached in Annexure_01	

About the Program/Activity:

Guest lecture on " To Prevention of suicide in higher educational Institute", was organized by the Diploma Engineering faculty members at 2: 00 PM on **Thursday, January 22, 2026** held in the **seminar hall**, the Lecture attended by a total of **90 students**, all from Second, Third year Diploma students from all branches. The guest lecture was conducted by a mental health expert who explained the concept of suicide prevention in a simple and student-friendly manner. The speaker discussed

common causes of stress among college students, including academic pressure, career uncertainty, and personal issues. Real-life examples and case studies were shared to help students understand the seriousness of the issue. The session included interactive discussions, during which students were encouraged to express their concerns and ask questions. Practical techniques for stress management, such as mindfulness and positive thinking, were demonstrated. Information about available counseling services and helpline numbers was also provided to students for immediate support.

The photographs offer a glimpse into the past, capturing cherished memories:



Program Outcome:

The program helped students gain a better understanding of mental health and the importance of emotional well-being. Students became more aware of the warning signs of suicidal thoughts and learned how to respond responsibly. The session encouraged students to openly discuss mental health issues without fear or stigma. Participants developed positive attitudes toward seeking professional help when needed. Overall, the program contributed to creating a supportive, empathetic, and mentally healthy campus environment.

Co-Ordinator

Principal