



**SAMARTH EDUCATIONAL TRUST**

**ARVIND GAVALI COLLEGE OF ENGINEERING**

• ENGINEERING (B.Tech & M.Tech) • BCA • MCA • B.VOC  
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Dr. Babasaheb Ambedkar Technological University (BATU), Lonera.

• Address : At. Panmalewadi, Post. Varye,  
Tal & Dist. Satara. -415 015 (Maharashtra)  
• Phone : 02162 - 251122, 200100  
• e-mail : agcenggsatara@gmail.com  
• Website : www.agce.edu.in  
• Institute Code : Engg. DTE EN-6545  
• BCA-6545, MCA-6545, B.Voc-6545

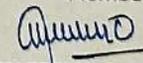
Ref. No.: AGCE/Office/2025-26/136

Date: 15<sup>th</sup> October, 2025

**OFFICE ORDER**

It is hereby informed that the following staff members have been appointed for **Yoga Club Activity** of the Institute as designation shown against their names at Arvind Gavali College of Engineering, Satara.

Name of the Member	Designation	Department	Role	Contact No.
Dr. Sharad. S. Mulik	Principal / Director	Mech. Engg.	Chairman	9850992250
Mr. Vaibhav B. Raut	Campus Director	Mech. Engg.	Member	9822525996
Dr. Vishal. S. Hingmire	Asso. Professor, Dean Academics (Autonomy), Dean (IQAC)	E&TC Engg.	Member	8482875175
Mr. Suhas P. Patil	Asst. Professor, Dean Academics (DBATU)	Mech. Engg.	Member	9860928844
Dr. Deepali S. Shinde	Asso. Professor & HOD, Dean Student Affairs	Elect. Engg.	Member	8766548436
Ms. Dhanashri S. Gaikwad	Assistant Professor	E&TC Engg.	Coordinator	9730774823
Ms. Afrin A. Shikalgar	Assistant Professor	AI & DS	Member	9322532413
Ms. Komal Sonawane	Assistant Professor, HOD	BCA	Member	7666484195
Ms. Pradnya P Salunkhe	Assistant Professor	B. Voc.	Member	9665819803
Mr. Udayan B. Kharade	Assistant Professor	Comp. Sci. Engg.	Member	7499506012
Mr. Shrikant G. Arage	Assistant Professor	Mech. Engg. & Dy. COE	Member	95033 20582
Ms. Vaishnavi Thorat	Assistant Professor	Elect. Engg.	Member	9021308484
Ms. Rohini K. Bhosale	Assistant Professor	Basic Sciences and Humanities	Member	8600893699
Dr. Sagar R. Gorad	Asso. Professor, Controller of Examination	Mech. Engg.	Member	9850846348
Dr. Tushar Shende	Asso. Professor, TPO	Mech. Engg.	Member	8007172000

  
**PRINCIPAL / DIRECTOR**

(Dr. S. S. Mulik)  
Principal

Samarth Educational Trust  
Arvind Gavali College of Engineering  
Panmalewadi, Satara

Cc to:

1. All Deans & HODs
2. Registrar, AGCE, Satara
3. All Committee Members
4. All staff members, for Information
5. Personal file





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Ref. No.: AGCE/

Date:

## YOGA CLUB ACTIVITY REPORT

<b>Type of the Program/Event:</b>		Yoga Club Activity	
<b>Title of Program:</b>		Sun Salutation (Surya Namaskar) practice – a step-by-step group performance.	
<b>Date:</b>	08/10/2025	<b>Time:</b>	4pm- 5pm
<b>Faculty Co-ordinator for the Event:</b>		Prof.Dhanshri Gaikwad Prof. Udayan Kharade	
<b>Student Co-ordinator for the Event:</b>		Ms.Sandhya Mane Ms.Shravani Chavan	
<b>Objective of the Program/Event</b>		To promote physical fitness, mental relaxation, and mindfulness among students through the practice of Sun Salutation (Surya Namaskar) as a holistic yoga activity.	
<b>Numbers of Participated:</b>	06 Students	<b>Faculty:</b>	02
<b>Venue:</b>		Seminar Hall, AGCE	

### About the Program/Activity:

The "Sun Salutation (Surya Namaskar) practice – a step-by-step group performance" organized by the Yoga Club, commenced at 4pm to 5pm on **Wednesday, Oct. 08, 2025**. Held in the Seminar Hall, **AGCE**. The Sun Salutation (Surya Namaskar) session aims to guide students through a series of yoga postures that enhance flexibility, strength, and inner balance as part of the Yoga Club activity.



Yoga



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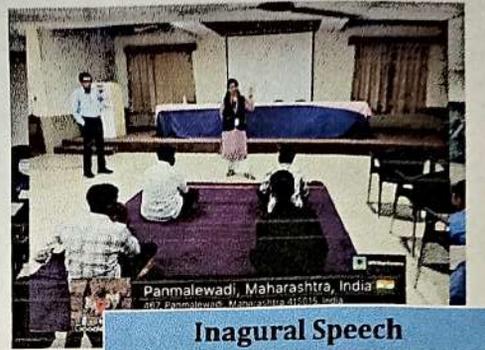
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- Website: www.agce.edu.in

Ref. No.: AGCE/

Date:

The photographs offer a glimpse into the past, capturing cherished memories:



#### Program Outcome:

Students will develop improved physical fitness, concentration, and mental clarity through regular practice of Sun Satutation, fostering overall health and well-being.

*[Signature]*  
Program Coordinator

*[Signature]*  
Dean,  
Students Affairs

*[Signature]*  
Dean Academics

*[Signature]*  
Principal/ Director





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Date:

## YOGA CLUB ACTIVITY REPORT

<b>Type of the Program/Event:</b>		Yoga Club Activity	
<b>Title of Program:</b>		Quiz Competition	
<b>Date:</b>	12/11/ 2025	<b>Time:</b>	4pm- 5pm
<b>Faculty Co-ordinator for the Event:</b>		Prof.Dhanshri Gaikwad Prof.Udayan Kharade Prof..Rohini Bhosale Prof.Komal Sonavan	
<b>Student Co-ordinator for the Event:</b>		Mr. Samadhan Dadas , Mr. Nivrutti Chavan	
<b>Objective of the Program/Event</b>		To enhance students' knowledge about the selected topic or subject area.To develop quick thinking and problem-solving skills among participants.To encourage healthy competition and teamwork.	
<b>Numbers of Participated:</b>	15 Students	<b>Faculty :</b>	04
<b>Venue:</b>	Seminar Hall, AGCE		

### About the Program/Activity:

The "Yoga Awareness Quiz", organized by the **Yoga Club**, was conducted from **4.00 to 5.00 pm on Friday, September 12, 2025**. Held in Seminar Hall, the event witnessed enthusiastic participation from **15 students of AGCE**. This quiz aimed to enhance students' understanding of **yogic principles, asanas, pranayama, and the importance of a healthy lifestyle**. The activity provided a platform for students to test their knowledge of yoga, its history, benefits, and practical applications in daily life.





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Date:

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Inauguration



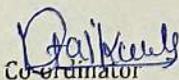
Activity interaction

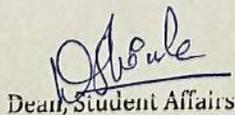


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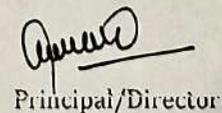
### Program Outcome:

At the end of the course/activity, students will be able to demonstrate an understanding of basic yoga concepts, including asanas, pranayama, meditation, and their benefits. Identify the importance of yoga in promoting physical fitness, mental well-being, and emotional balance. recognize the role of yoga in stress management, concentration improvement, and healthy lifestyle practices.

  
Co-ordinator

  
Dean, Student Affairs

  
Dean, Academics

  
Principal/Director





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## YOGA CLUB ACTIVITY REPORT

<b>Type of the Program/Event:</b>		Yoga Club Activity	
<b>Title of Program:</b>		Balancing and flexibility challenge.	
<b>Date:</b>	15/10/2025	<b>Time:</b>	4pm- 5pm
<b>Faculty Co-ordinator for the Event:</b>		Prof. Dhanshri Gaikwad	
<b>Student Co-ordinator for the Event:</b>		Mr.Samadhan Dadas Mr.Pranav Chavan	
<b>Objective of the Program/Event</b>		To enhance students physical balance, flexibility, and body coordination through yoga postures, promoting concentration, stability, and overall fitness.	
<b>Numbers of Participated:</b>	09 Students	<b>Faculty :</b>	01
<b>Venue:</b>		Seminar Hall, AGCE	

### About the Activity:

The Balancing and Flexibility Challenge encourages students to perform various yoga postures that improve stability, strength, and flexibility. The activity aims to develop body awareness, focus, and control while fostering a healthy and active lifestyle among participants.





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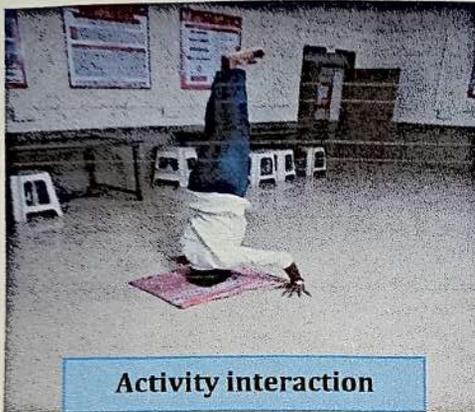
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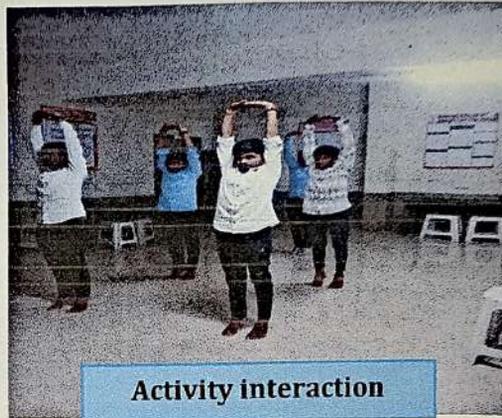
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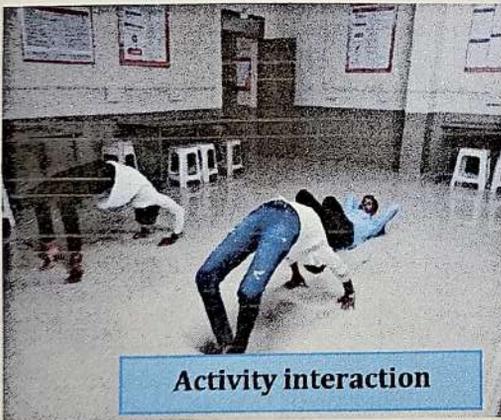
The photographs offer a glimpse into the past, capturing cherished memories:



Activity interaction



Activity interaction



Activity interaction



Activity interaction

**Program Outcome:**

Improved body balance, flexibility, and posture. Enhanced concentration, coordination, and muscle strength .increased awareness of body alignment and movement control. Promotion of physical fitness and mental relaxation through yoga practice.

Program Co-ordinator  
Director

Dean, Student Affairs

Dean Academics

Principal/





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**YOGA CLUB ACTIVITY REPORT**

<b>Type of the Program/Event:</b>		Yoga Club Activity	
<b>Title of Program:</b>		Introduction to yoga club & Basic Yoga postures	
<b>Date:</b>	03/10/2025	<b>Time:</b>	4pm- 5pm
<b>Faculty Co-ordinator for the Event:</b>		Prof.Dhanshri Gaikwad Prof.Udayan Kharade	
<b>Student Co-ordinator for the Event:</b>		Ms.Sandhya Mane Ms.Shravani Chavan	
<b>Objective of the Program/Event</b>		To promote physical fitness, mental relaxation, and mindfulness among students through the practice of Sun Salutation (Surya Namaskar) as a holistic yoga activity.	
<b>Numbers of Participated:</b>	18 Students	<b>Faculty :</b>	06
<b>Venue:</b>		Seminar Hall, AGCE	

**About the Program/Activity:**

The "Introduction to yoga club & Basic Yoga postures " organized by the Yoga Club, commenced at 4pm top 5pm on **Wednesday, Oct. 03, 2025**. Held in the Seminar Hall, **AGCE**.Yoga is a mind-body practice that combines gentle physical postures, breathing techniques, and relaxation. It helps improve flexibility, reduce stress, and promote overall well-being.





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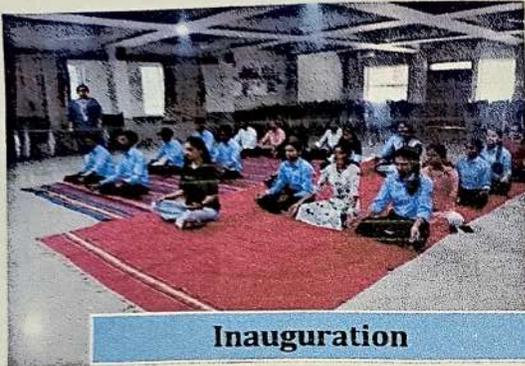
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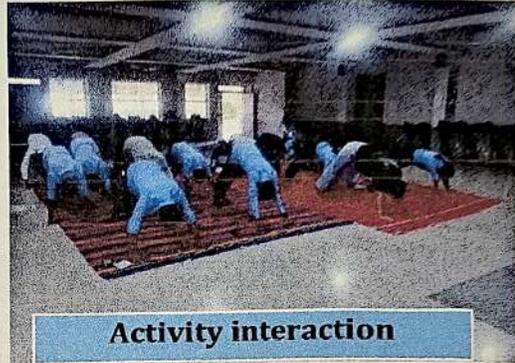
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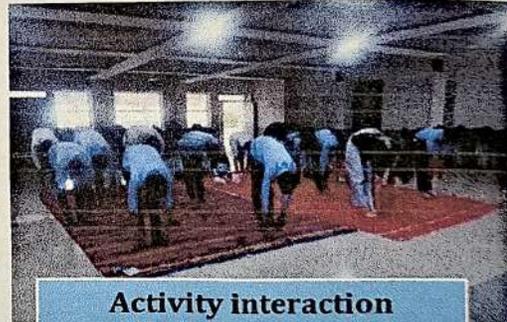
Inauguration



Activity interaction



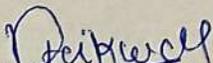
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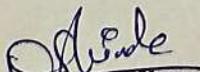


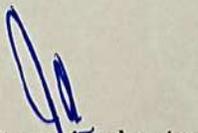
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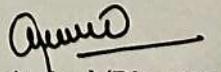
### Program Outcome:

Students will develop improved physical fitness, concentration, and mental clarity through regular practice of Sun Salutation, fostering overall health and well-being.

  
Co-ordinator

  
Dean, Student Affairs

  
Dean, Academics

  
Principal/Director





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<b>Title of Program:</b>		Quiz Competition	
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<b>Faculty Co-ordinator for the Event:</b>		Prof.Dhanshri Gaikwad Prof.Udayan Kharade Prof..Rohini Bhosale Prof.Komal Sonavan	
<b>Student Co-ordinator for the Event:</b>		Mr. Samadhan Dadas , Mr. Nivrutti Chavan	
<b>Objective of the Program/Event</b>		To enhance students' knowledge about the selected topic or subject area.To develop quick thinking and problem-solving skills among participants.To encourage healthy competition and teamwork.	
<b>Numbers of Participated:</b>	15 Students	<b>Faculty :</b>	04
<b>Venue:</b>		Seminar Hall, AGCE	

### About the Program/Activity:

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Inauguration



Activity interaction



Activity interaction

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*Dai Kavey*  
CO-ordinator

*Dheer*  
Dean, Student Affairs

*[Signature]*  
Dean, Academics

*[Signature]*  
Principal/Director

